

Notes from catheters talk by Bullen Healthcare

Bullen telephone number for enquiries: 0800 888 501

- Men use conveens instead of pads (women use these)
Men can use sheaths as an alternative to pads.
- Conveens 1 per day and sheaths 1 per day. Conveens are a brand name for Coloplast
- Once only catheters (disposable) in boxes of 25 for self-catheterisation – may use between 4-6 per day (changed each time go to the toilet). Sizes are colour coded as small, medium, large etc
- Scripts can be for approximately 180 catheters per month – normal sort of amount.
Any more than this should be queried with the clinician
- Patient may have bags on script as well as intermittent catheters, if they can't get to the toilet when self-catheterising.
- Some catheters are 'indwelling catheters (Foley)' – these are usually attached to a bag.
Some of these can stay in place up to 12 weeks, but usually 8 weeks.

These should be prescribed as singles. Script may be for 2 to start with, so the patient has got one in-situ and one spare for when it needs changing, but after this they should be issued as singles.
- Leg bags attached to the indwelling catheters should only be changed once a week, not daily!
- Night bags are not drainable and therefore disposable and the script will be for 30 per month.
- G-strips or other similar catheter fixation product are essential, and they are to secure the tube of the catheter to the patient's leg, so the leg bag doesn't dangle and therefore pull. G-strips are in packs of 5, are washable and a pack of 5 should last at least 6 months. Other fixation straps may be adhering and changed weekly ie Clinifix or Statlock