

Health Screening



The NHS checks people for a range of common illnesses.



This is a really good idea to help you keep healthy.



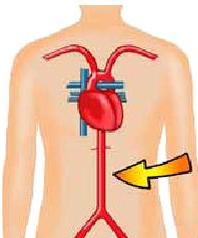
Bowel Cancer Screening is offered every 2 years to all men and women aged 60 to 69.



Breast Cancer Screening is offered every 3 years to all women aged 47-73.



Cervical Cancer Screening is offered every 3 years to all women aged 25 to 49 and every 5 years for women aged 50 to 64.

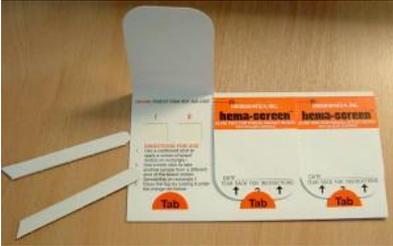


Abdominal Aortic Aneurysm Screening is offered to men when they turn 65.

For more info, visit: www.cancerscreening.nhs.uk

Health Screening

Bowel Cancer Screening – what to expect...

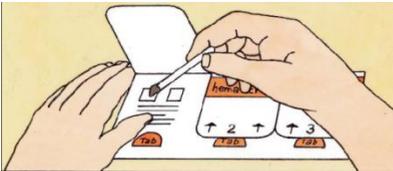


People aged 60 to 69 are sent a kit through the post.

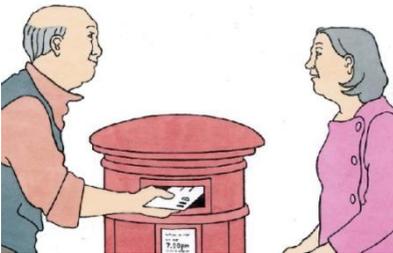
This happens every 2 years.



When you go to the toilet, you need to take a sample of your poo



You use a spatula to put a sample into the kit.



You do this on 3 separate days then post the kit back.



They look at the samples very carefully.

You get a letter to tell you the results.

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Breast Screening – what to expect...



Women aged 47- 73 get a letter inviting you to come for breast screening.

This happens every 3 years.

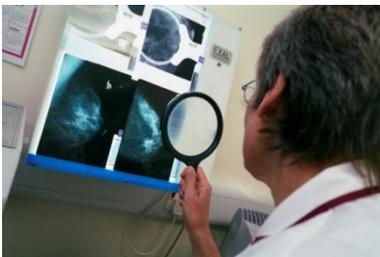


You go to a screening van or a hospital for the test.



You need to take off your top.

A nurse will put you into a machine which takes an image of your breast.



They look at the image very carefully.

You get a letter to tell you the results.

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Cervical Screening – what to expect...



Women over 25 get a letter inviting you to come for cervical screening.

This happens every 3 years, or every 5 years when you turn 50.



You will need to lie on a bed and take off your pants.



A doctor or nurse will take a sample from down below.

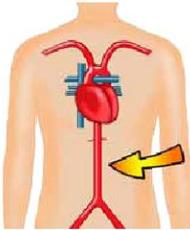


They look at the sample very carefully.

You will get a letter to tell you the results.

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AAA Screening – what to expect...



The **aorta** is a big blood vessel that takes blood from your heart around your body.



As some people get older, the aorta can get weak and swell up - this is called an **abdominal aortic aneurysm**.

Men aged 65 and older are most likely to get this sort of aneurysm.



Men will receive an invitation for AAA screening the year they turn 65.



They then ask you to lie down and lift up or unbutton your shirt.

The technician will put a cool jelly on your abdomen and then move a small scanner over the skin.



The scan will show a picture of the aorta on a screen.

You will be told your result straight away.